

Eastgate Early Childhood Center Preschool



Stark County Board of
Developmental Disabilities

The following major food allergens are used as ingredients:
Milk, Egg, Tree nuts, Peanuts, Wheat, Soy and Sesame.
Please notify a food employee for more information about
these ingredients.

MEAL PRICING:

Lunch Full Price	\$ 2.00
Reduced Lunch Price	\$.40
Milk Only	\$.50

Payment may be made electronically at
www.payschoolscentral.com or by cash or check
made out to Stark DD and sent to school.

LUNCH Menu

August-December 2025

Whole
Grain rich
products
are used
for all
grain
items,
including
breads,
pastas,
and
breading.

Choice of
Milk
served
each day—
1% white,
non-fat
Chocolate

Menu items
subject to
change for
special
occasions.

*Ketchup
and
mustard
available as
appropriate
with
entrees

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sticks Turkey Sausage Hash Brown Fruit Sorbet Milk	Macaroni & Cheese Steamed Green Beans Diced Peaches Dinner roll Milk	Cheeseburger Sweet Potato Fries Cooked Broccoli Diced Pears Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Milk Chilled Mixed Fruit Carnival Cookie	NO SCHOOL
2	Cheese Ravioli w/ Sauce Garlic Breadstick Romaine Salad Cottage Cheese Diced Peaches Milk	Crispy Chicken Nuggets Garlic Mashed Potatoes Carrots Vanilla Pudding Milk	Tomato Soup Toasted Cheese Sandwich Goldfish Crackers Pineapple Tidbits Milk	Egg Omelet Turkey Sausage Hash Brown Patty Blueberry Muffin Strawberries Milk	NO SCHOOL
3	Breaded Chicken Strips Sweet Potatoes Steamed Broccoli 100% Fruit Slushty Milk	BBQ Pulled Pork on Bun Cooked Carrots Baked French Fries Apple Crisp Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Milk Chilled Mixed Fruit Carnival Cookie	Sloppy Joe on Bun Creamy Mashed Potatoes Cooked Green Beans Mixed Fruit Milk	NO SCHOOL
4	Grilled Chicken Patty on Bun Parsley Potatoes Cooked Peas Yogurt Cup w/ Fruit Milk	Spaghetti with Meat Sauce Green Beans Dinner Roll Fresh Orange Slices Milk	Hamburger Baked Beans Steamed Cauliflower Fresh Blueberries & Strawberries Milk	Fish Sandwich Sweet Potato Fries Cooked Carrots Warm Cinnamon Apple Slices Milk	NO SCHOOL

NUTRITION BITES:

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

August 2025

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan

1. NHANES 2011-12 and NHANES 2013-2014.
2. USDA. MyPlate.gov. <http://www.myplate.gov>.