

Eastgate Early Childhood Center Preschool



Stark County Board of
Developmental Disabilities

MEAL PRICING:

Lunch Full Price \$ 2.00
Reduced Lunch Price \$.40
Milk Only \$.50
Payment may be made electronically at
www.payschoolscentral.com or by cash or check made out to
Stark DD and sent to school.

LUNCH Menu

August-December 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sticks Turkey Sausage Hash Brown Fruit Sorbet Milk	Macaroni & Cheese Steamed Green Beans Diced Peaches Dinner roll Milk	Cheeseburger Sweet Potato Fries Cooked Broccoli Diced Pears Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Milk Chilled Mixed Fruit Carnival Cookie	NO SCHOOL
2	Cheese Ravioli w/ Sauce Garlic Breadstick Romaine Salad Cottage Cheese Diced Peaches Milk	Crispy Chicken Nuggets Garlic Mashed Potatoes Carrots Vanilla Pudding Milk	Tomato Soup Toasted Cheese Sandwich Goldfish Crackers Pineapple Tidbits Milk	Egg Omelet Turkey Sausage Hash Brown Patty Blueberry Muffin Strawberries Milk	NO SCHOOL
3	Breaded Chicken Strips Sweet Potato Fries Steamed Broccoli 100% Fruit Slushy Milk	BBQ Pulled Pork on Bun Cooked Carrots Baked French Fries Apple Crisp Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Milk Chilled Mixed Fruit Carnival Cookie	Sloppy Joe on Bun Creamy Mashed Potatoes Cooked Green Beans peaches Milk	NO SCHOOL
4	Soft beef taco Cheese/lettuce Carrots Mixed Fruit Milk	Spaghetti with Meat Sauce Green Beans Dinner Roll Fresh Orange Slices Milk	Hamburger Baked Beans Steamed Cauliflower Fresh Blueberries & Strawberries Milk	Fish Sandwich Sweet Potato Fries Corn Warm Cinnamon Apple Slices Milk	NO SCHOOL

Whole Grain rich
products are used
for all grain items,
including breads,
pastas, and
breading.

Choice of Milk
served each day—
1% white, non-fat
Chocolate .

Menu items subject
to change for
special occasions.

*Ketchup and
mustard available as
appropriate with
entrees

The following major
food allergens are
used as ingredients:
Milk, Egg, Tree nuts,
Peanuts, Wheat, Soy
and Sesame.
Please notify a food
employee for more
information about
these ingredients.

NUTRITION BITES:

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

August 2026						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 202						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan

1. NHANES 2011-12 and NHANES 2013-2014.
2. USDA. MyPlate.gov. <http://www.myplate.gov>.