

R. Stallman Southgate School



Stark County Board of
Developmental Disabilities

MEAL PRICING:

Lunch Full Price \$ 2.40
Reduced Lunch Price \$.40
Milk Only \$.50
Payment may be made electronically at
www.payschoolscentral.com or by cash or check made out to
Stark DD and sent to school.

Lunch Menu

August-December 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Meatball sub w/cheese Au gratin Potatoes Corn Mandarin oranges milk	Spaghetti w/ Meat Sauce Dinner Roll Romaine Salad Diced Pears Milk	Cheeseburger Sweet Potatoes Cooked Broccoli Diced Peaches Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Applesauce Milk	Macaroni & Cheese Steamed Green Beans Mixed Fruit Dinner roll Milk
2	French Toast Sticks Turkey Sausage Hash Brown Cinnamon Applesauce Milk	Crispy Chicken Nuggets Garlic Mashed Potatoes Carrots Fruit Jell-O Bread Milk	Turkey & Cheese Sandwich Baked Beans Romaine Salad Diced Pears Milk	Lasagna rollups in meat sauce Green Beans Peaches Breadstick Milk	Cheese Quesadilla w/ Salsa Cooked Corn Carnival cookie Mixed fruit Milk
3	Breaded Chicken Patty on Bun String Cheese Steamed Broccoli peaches Milk	Pepperoni Pizza Cooked Carrots Baked French Fries Diced Pears Milk	Confetti Pancakes with Syrup Turkey Sausage Baked Tater Tots Pineapple and bananas Milk	Sloppy Joe Creamy Mashed Potatoes Cooked Green Beans Applesauce Milk	Tomato Soup Grilled Cheese Sandwich Goldfish Crackers Mixed Fruit Milk
4	Breaded Chicken Strips Parsley Potatoes Bread Slice Cooked Peas Peaches Milk	Salisbury Steak Mashed Potatoes & Gravy Cooked Corn Bread Slice Pineapple Tidbits Milk	Hamburger Sweet Potato Fries Steamed Cauliflower Mandarin Oranges Milk	Meatloaf ½ Baked potato Cooked Carrots Applesauce Slice bread Milk	Fish Sandwich Baked French Fries Cooked Green Beans Mixed fruit Milk

DAILY SELECTIONS:
High School students
have choice between
fruit on menu or
applesauce along with
a choice of entrée on
menu or a turkey
sandwich. Whole
Grain rich products
are used for all grain
items, including
breads, pastas, and
breading. Choice of
Milk served each
day—1% white, non-
fat Chocolate. Menu
items subject to
change for special
occasions

The following major
food allergens are
used as ingredients:
Milk, Egg, Tree nuts,
Peanuts, Wheat, Soy
and Sesame.
Please notify a food
employee for more
information about
these ingredients.

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

August 2026

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan

1. NHANES 2013-14.

2. NHANES 2011-2012 and NHANES 2013-2014.