

R. Stallman Southgate School



Stark County Board of
Developmental Disabilities

MEAL PRICING:

Lunch Full Price	\$ 2.40
Reduced Lunch Price	\$.40
Milk Only	\$.50

Payment may be made electronically at
www.payschoolscentral.com or by cash or check made
out to Stark DD and sent to school.

\$

LUNCH Menu

August-December 2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Meatball sub w/cheese Au gratin Potatoes Corn Mandarin oranges milk	Spaghetti w/ Meat Sauce Dinner Roll Romaine Salad Diced Pears Milk	Cheeseburger Sweet Potatoes Cooked Broccoli Diced Peaches Milk	Pepperoni Pizza Cooked Peas & Carrots Baked Tater Tots Applesauce Milk	Macaroni & Cheese Steamed Green Beans Mixed Fruit Dinner roll Milk
2	Chicken Tetrazzini Cooked Peas Bread Slice peaches Milk	Crispy Chicken Nuggets Garlic Mashed Potatoes Carrots Fruit Jell-O Bread Milk	Turkey & Cheese Sandwich Baked Beans Romaine Salad Diced Pears Milk	French Toast Sticks Turkey Sausage Hash Brown Cinnamon Applesauce Milk	Cheese Quesadilla w/ Salsa Cooked Corn Carnival cookie Mixed fruit Milk
3	Breaded Chicken Patty on Bun String Cheese Steamed Broccoli peaches Milk	Pepperoni Pizza Cooked Carrots Baked French Fries Diced Pears Milk	Confetti Pancakes with Syrup Turkey Sausage Baked Tater Tots Pineapple and bananas Milk	Sloppy Joe Creamy Mashed Potatoes Cooked Green Beans Applesauce Milk	Tomato Soup Grilled Cheese Sandwich Goldfish Crackers Mixed Fruit Milk
4	Breaded Chicken Strips Parsley Potatoes Bread Slice Cooked Peas Peaches Milk	Salisbury Steak Mashed Potatoes & Gravy Cooked Corn Bread Slice Pineapple Tidbits Milk	Hamburger Sweet Potato Fries Steamed Cauliflower Mandarin Oranges Milk	BBQ Chicken Breast Baked Tater Tots Cooked Carrots Applesauce Slice bread Milk	Fish Sandwich Baked French Fries Cooked Green Beans Mixed fruit Milk

DAILY SELECTIONS:

High School
students have
choice between
fruit on menu or
applesauce along
with a choice of
entrée on menu or
a turkey sandwich.
Whole Grain rich
products are used
for all grain items,
including breads,
pastas, and
breading. Choice of
Milk served each
day—1% white,
non-fat Chocolate.
Menu items subject
to change for
special occasions.

The following major
food allergens are
used as
ingredients:
Milk, Egg, Tree
nuts, Peanuts,
Wheat, Soy and
Sesame.

Please notify a
food employee for
more information
about these
ingredients.

NUTRITION BITES:

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

August 2025

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan

1. NHANES 2011-12 and NHANES 2013-2014.
2. USDA. MyPlate.gov. <http://www.myplate.gov>.